

Date	Time	Activity	Coach
Tuesday May 5th	7-8pm 8pm-9pm	Badminton Football	Tony Ann-Marie & Kim & Terry
Tuesday May 12th	7-9pm 8-9pm	Trampoline AGM	Linsey & Connor Committee
Tuesday May 19th	7-8pm 8-9pm	Dance Netball	Ann-Marie Ann-Marie & Kim
Tuesday May 26th	7-8pm 8-9pm	Boccia Spinning	Ann-Marie Ann-Marie & Kim
Tuesday June 2nd	7-8pm 8-9pm	Tennis Football	Tony Ann- Marie & Kim & Terry
Tuesday June 9th	7-9pm 8-9pm	Trampoline Cricket	Linsey & Connor Ann- Marie & Kim
Tuesday June 16th	7-8pm 8-9pm	Dance Basketball	Ann- Marie Sharon
Tuesday June 23rd	7-8pm 8-9pm	Curling Spinning	Ann- Marie Ann-Marie & Kim
Tuesday June 30th	6.30- 8.30 pm	10 pin Bowling Larry's Lanes	Larry's Lanes Seaton Carew
Tuesday July 7th	6,30- 8.30pm 7-9pm	Tennis @ Eldon Grove Tennis Club Fitness Room & Multi Games	Tony @Tennis Club members Ann Marie & Kim
Tuesday July 14th	7-9pm 8pm-9pm	Trampoline World Cup Football	Linsey & Connor Ann- Marie & Kim
Tuesday July 21st	7-8pm 8-9pm	Dance Netball	Ann- Marie Ann- Marie & Kim
Tuesday July 28th	7-8pm 8-9pm	Boccia Spinning	Ann-Marie Ann- Marie & Kim
Tuesday Aug 4th	7-8pm 8-9pm	Tennis Dodge or Volley Ball	Tony Andy- Marie & Kim
Tuesday	7-9pm	Trampoline	Linsey & Connor

Aug 11th	8-9pm	Cricket	Ann-Marie & Kim
Tuesday <u>Aug 18th</u>	<u>8-9pm</u>	Dance Rugby	Ann-Marie Ann-Marie & Kim
Tuesday Aug 25th	7-8pm 8-9pm	Boccia Spinning	Ann- Marie Ann -Marie & Kim

Fitness Room open 7-8pm With Liz, Kim, Connor, Simon & Dan

HARTLEPOOLSPORTABILITY CLUB
STEPPING STONES PROGRAMME

May-August 2026

Headland Sports Hall

Website HartlepoolSportabilityClub.co.uk

Charity number 1057160

Coaches Funded by Sport England for 2026

**HARTLEPOOL
SPORTABILITY
CLUB**